

# ST. GERTRUDE THE GREAT ROMAN CATHOLIC CHURCH

*"Invenies me in corde Gertrudis"*

*"You will find Me in the heart of Gertrude"*

4900 Rialto Road, West Chester, Ohio 45069

EMERGENCY LINE: (513) 509-0424

TRADITIONAL LATIN MASS: Sundays 7:30 AM,  
9:00 AM High, 11:30 AM, 5:45 PM

Most Rev. Charles J. McGuire, *Pastor*  
Rev. Stephen McKenna  
Rev. Vili Lehtoranta  
Rev. Thomas Simpson  
Rev. Anthony Brueggemann

PARISH OFFICE: (513) 645-4212 (9 AM-3 PM)  
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traditionalmass.org



**March 23, 2025**

**THIRD SUNDAY OF LENT**

## ¶ LENT III

Catechism Classes are at 10:40 AM. **Short Stations** are at 11:15 AM. Vespers & Benediction are at 4:45 PM.

## ¶ ST. GABRIEL

**Monday** is the feast of the Archangel Gabriel. Bring your petitions to the Messenger of God at one of the Masses (8 and 11:25 AM), or make a visit.

## ¶ ANNUNCIATION OF OUR LADY / DAY OF RECOLLECTION

**Tuesday** is the feast of the Annunciation of the Blessed Virgin Mary. Masses are at 7, 8 & 11:25 AM and 5 PM. This is the **Children's Lenten Day of Recollection** as well, beginning at 9 AM and closing with Stations at 2:45 PM. Children should wear their Mass clothes and bring a missal and rosary. Lunch is provided. **Do please email the office or school** if your children will be attending, so enough food can be prepared.



## ¶ NEXT SUNDAY: LENT IV

Next Sunday is *Laetare*, or Rejoice Sunday. Catechism Classes will be at 10:40 AM, and **Short Stations** at 11:15. Vespers with Benediction will be at 4:45 PM.

📖 **Set Your Missal:** Lent IV, second collect of Our Lady & the Saints, third for the Living & the Dead. Preface of Lent.

## ¶ YOUR PRAYERS

Please pray for Tom Simpson, Sue Kurtz, Rhonda Soeder, and the repose of the soul of †Trey Goldsmith.

## Lumen Christi

*The Sanctuary Lamp will burn before the Blessed Sacrament during the next fortnight for the following intention:*

**Spiritual & temporal welfare for my loved ones & myself**  
(Marie Arribasplata)

## ¶ VOLUNTEER PLEASE!

Almost all the Lenten Friday suppers have been taken. Thank you for your help! **Volunteers are still needed for April 4.** Sign up on the Lotsa Helping Hands website, or contact the office.

### Collection Report

Sunday, March 16<sup>th</sup> .....\$9,737.00  
Thank you for your generosity. Remember St. Gertrude the Great in your will.

## Lenten Friday Evening of Recollection

5:45 PM Low Mass

6:45 PM Lenten Supper: *Cheese Enchiladas, Mexican Rice, Beans, Ceviché with Tortilla Chips, Fruit.*

7:30 PM Stations of the Cross, Sermonette, Sorrowful Mother Novena, Blessing of the Sick, Benediction, Sacred Heart Novena

8:30 PM (approx.) Holy Communion

MEDITATION ON TODAY'S MASS

Let us therefore examine ourselves seriously. "Today if you shall hear His voice, harden not your hearts" (Ps 94:8). Woe to us if the unclean spirit should return to our souls and bring with him seven other spirits worse than himself. The last condition of that man is worse than the first. "For you were heretofore darkness; but now light in the Lord. Walk then as children of the light, for the fruit of the light is in all goodness and justice and truth" (Epistle). We are children of the light and should no longer know darkness; we should walk always with our gaze fixed on God, in unfaltering faith and in unceasing praise of our Creator. What are the fruits expected of the children of light? Their lives must be characterized by unflinching charity towards their fellow men, by an upright life and a ceaseless search for that which is most in conformity to the will of God and conducive to the salvation of one's neighbor and of one's own soul. The children of light can have nothing in common with wickedness. They cannot share the passions and jealousies and affectations of men of the world.

The essence of a true Christian life lies in an unflinching love of God and our neighbor. The life of the Christian is a life of love. That love obliges him to separate himself completely and effectively from all that is sinful; not only from that which is mortally sinful, but from every venial sin and imperfection that is in any way deliberate. This love can endure no willful imperfection. It knows and desires only what is pleasing to God. Its every action is performed out of pure love of God and of Christ. This love seeks to give to God and to the Savior everything that it has, even to the last drop of its blood. It is prepared to suffer all trials and humiliations for the love of God, and even rejoices that it is permitted to undertake this suffering for the love of God. — *Benedict Baur, O.S.B., "The Light of the World"*



THY WILL BE DONE

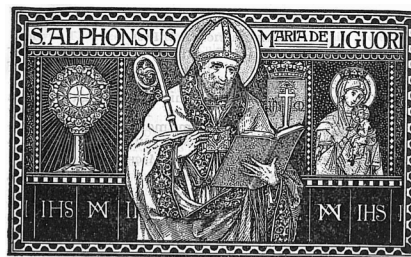
These words are a sweet refuge prepared for us by the good God in the midst of the arid and weary desert which we call life.

Thy will be done! Repeat these words when heartbroken by solitude and crushed by neglect, and they will be for you a consoling friend, a sustaining support, a loving heart which will remain always with you.

Thy will be done! Repeat these words, timid and anxious heart, uncertain of the path to follow, and knowing no longer of whom to seek counsel, and they will be to you a light which will guide you in the way to heaven.

Thy will be done! Repeat these words with every breath, with every pulsation of your heart, with every movement of your lips. God will always understand them as you intend them. Sometimes as a prayer, as an act of resignation, as an act of faith in time of trouble, as an act of hope in time of fear—always as an act of love!

Thy will be done! Yes, then, my God, Thy will be done! Thy will be done! I say it from the depths of my soul; and into the abyss of these supreme words I cast myself, my body, my soul, my whole being, and all that I love here below! Thy will be done!



"Vocation and perseverance are two distinct graces; God may give us the former even in the midst of our infidelities, but we shall not have the grace of perseverance, if we do not deserve it through prayer and good works. It is this crown which the devil wishes to take from us, and God allows him to tempt us, to try our constancy and to reward us proportionately." — *St. Alphonsus Liguori*

LENT

Lent is a tree without blossom,  
without leaf,  
Barer than blackthorn in its winter sleep,  
All unadorned. Unlike Christmas which decrees  
The setting-up, the dressing-up of trees,  
Lent is a taking down, a stripping bare,  
A starkness after all has been withdrawn  
Of surplus and superfluous,  
Leaving no hiding-place, only an emptiness  
Between black branches, a most precious space  
Before the leaf, before the time of flowers;  
Lest we should see only the leaf, the flower,  
Lest we should miss the stars.

— *Joyce Weldom-Searle*



FIAT

Angels singing,  
Gabriel winging  
homeward, through the night.

A Tabernacle holy,  
a Virgin lowly,  
a Mother to become.

While Nazareth slumbered,  
the months are numbered  
in Mary's, "Be it done!"

— *Rose Margaret Coughlin*

Last week's feasts of St. Patrick and St. Joseph, with their subdued joy, brought with them a bit of a spiritual respite that we needed in order to regain the courage to persevere in our Lenten practices. St. Patrick's Day always brings with it a bit of joy, but it was St. Joseph's Day that brought so much edification. The Solemn High Mass was splendidly done and the children's choir did a wonderful job. Mrs. Lotarski kindly made the Hot Cross Buns which Fr. Simpson blessed after Mass. Attendance at Mass was really quite good. It is great to see that devotion to the humble, quiet St. Joseph still perdures. The Saint is, after all, the spouse of Our Lady, Foster Father to Our Lord, and the protector of the Church. He is also the protector of the dying. Oh, how I look back to the deathbeds of my mother and father with gratitude for all that he did for them. It was amazing. Blessed be St. Joseph!

It seems that Tom Simpson, one of our MCs from many years ago, is on his deathbed. I remember that he was my MC at the ordination ceremony. One always felt comfortable having him in the sanctuary. Well, he has been well taken care of spiritually by the clergy in Brooksville, Florida. Squeeze in a few prayers for a Holy Death and the grace of Final Perseverance for Tom. Pray also for his wife, who has been so faithfully taking care of him.

On Saturday, we had our first annual Ladies' Retreat. I will give a report on it in next week's bulletin. We are in the midst of planning a Men's Club and are hoping to get it going in the next few months. Along with that we will also have a Men's Retreat next Lent, God willing. I bring this up so that the men of the parish do not feel left out. As with everything worth doing, it does take time to organize and also to make sure that no one is getting burned out with all that goes on at our church and in people's daily lives.

This Tuesday, feast of the Annunciation, is the Children's Day of Recollection. Dr. Stanislawski and Mr. Caggese have been busy putting together some booklets for the children to use for the day. A lot goes into a day of recollection, but it is well worth the effort. The whole world is after their souls, so it is very important to give them something to help them towards their salvation. Mass, spiritual talks, quiet prayer, confessions, spiritual reading, and other devotions are part of this big day. I know I am excited about it, and I pray that the children are too!

May Our Lady of Sorrows help you to persevere in your Lenten sacrifices, and may St. Alphonsus be your guide!

– Bishop McGuire

**I.** O my Lord Jesus Christ, I adore the wound in Thy left foot. I thank Thee for having suffered it for me with so much sorrow and with so much love. I compassionate Thy pain, and that of Thine afflicted Mother. And, by the merit of this sacred wound, I pray Thee to grant me the pardon of my sins, of which I repent with all my heart, because they have offended Thine infinite goodness. O sorrowing Mary, pray to Jesus for me. *Our Father, Hail Mary, Glory, etc.*

*By all the wounds which Thou didst bear  
With so much love and so much pain,  
Oh, let a sinner's prayer, Thy mercy, Lord, obtain!*

**II.** O my Lord Jesus Christ, I adore the wound in Thy right foot. I thank Thee for having suffered it for me with so much sorrow and with so much love. I compassionate Thy pain, and that of Thine afflicted Mother. And, by the merit of this sacred wound, I pray Thee to give me the strength not to fall into mortal sin for the future, but to persevere in Thy grace unto my death. O sorrowing Mary, pray to Jesus for me. *Our Father, Hail Mary, Glory, etc.*

*By all the wounds which Thou didst bear  
With so much love and so much pain,  
Oh, let a sinner's prayer, Thy mercy, Lord, obtain!*

**III.** O my Lord Jesus Christ, I adore the wound in Thy left hand. I thank Thee for having suffered it for me with so much sorrow and with so much love. I compassionate Thy pain, and that of Thine afflicted Mother. And, by the merit of this sacred wound, I pray Thee to deliver me from Hell, which I have so often deserved, where I could never love Thee more. O sorrowing Mary, pray to Jesus for me. *Our Father, Hail Mary, Glory, etc.*

*By all the wounds which Thou didst bear  
With so much love and so much pain,  
Oh, let a sinner's prayer, Thy mercy, Lord, obtain!*

**IV.** O my Lord Jesus Christ, I adore the wound in Thy right hand. I thank Thee for having suffered it for me with so much sorrow and with so much love. I compassionate Thy pain, and that of Thy most afflicted Mother. And, by the merit of this sacred wound, I pray Thee to give me the glory of Paradise, where I shall love Thee perfectly, and with all my strength. O sorrowing Mary, pray to Jesus for me. *Our Father, Hail Mary, Glory, etc.*

*By all the wounds which Thou didst bear  
With so much love and so much pain,  
Oh, let a sinner's prayer, Thy mercy, Lord, obtain!*

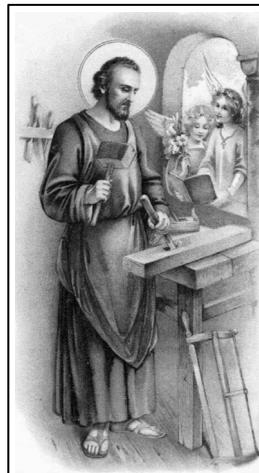
**V.** O my Lord Jesus Christ, I adore the wound in Thy side. I thank Thee for having willed, even after Thy death, to suffer this additional injury, without pain indeed, yet with consummate love. I compassionate Thine afflicted Mother, who alone felt all its pain. And, by the merit of this sacred wound, I pray Thee to bestow upon me the gift of holy love for Thee, that so I may ever love Thee in this life, and in the other, face to face, for all eternity, in Paradise. O sorrowing Mary, pray to Jesus for me. *Our Father, Hail Mary, Glory, etc.*

*By all the wounds which Thou didst bear  
With so much love and so much pain,  
Oh, let a sinner's prayer, Thy mercy, Lord, obtain!*

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# ✠ CALENDAR

<b>MON</b>	<b>3/24/25</b>	<b>ST. GABRIEL, ARCHANGEL</b> <i>FAST</i> <b>8:00 AM</b> <b>Low Mass</b> †Kyle McGuire – Happy Birthday <i>(Erika McKnight)</i> <b>11:25 AM</b> <b>High Mass</b> †Loren McGuire <i>(Bishop McGuire)</i> <b>12:25 AM</b> <b>(approx.) Vespers of the Annunciation</b> <i>Private Mass:</i> †Gloria Boggie <i>(Keith &amp; Mary Christensen)</i>
<b>TUE</b>	<b>3/25/25</b>	<b>ANNUNCIATION OF THE BLESSED VIRGIN</b> <i>FAST</i> CHILDREN'S DAY OF RECOLLECTION <b>7:00 AM</b> <b>Low Mass</b> †Frank Beaver <i>(A.M.B.)</i> <b>8:00 AM</b> <b>Low Mass</b> Bishop McGuire & all of his intentions <b>11:25 AM</b> <b>High Mass</b> †Nancy Seyfried <i>(The Fathers)</i> <b>2:45 PM</b> <b>Stations, Benediction, Holy Communion</b> <b>5:00 PM</b> <b>Low Mass</b> †Kirby Bischel <i>(Matthew Hardin)</i>
<b>WED</b>	<b>3/26/25</b>	<b>FERIAL DAY</b> <i>FAST</i> <b>8:00 AM</b> <b>Low Mass</b> †Mary Rose Peter – 8 <sup>th</sup> anniversary <i>(C. Simpson family)</i> <b>11:25 AM</b> <b>High Mass</b> Aidan Stafford <i>(Addie Stafford)</i> <b>12:25 AM</b> <b>(approx.) Vespers</b> <b>3:00 PM</b> <b>Children's Stations, Holy Communion</b> <b>5:10 PM</b> <b>Requiem Low Mass, Absolution</b> †Elizabeth MacKenzie, rest in peace <i>(Fr. Lehtoranta)</i>
<b>THU</b>	<b>3/27/25</b>	<b>ST. JOHN DAMASCENE, CD</b> <i>FAST</i> <b>7:00 AM</b> <b>Low Mass</b> Our godchildren <i>(Collin &amp; Alyssa Smith)</i> <b>8:00 AM</b> <b>Low Mass</b> Special Intentions <i>(KR)</i> <b>11:25 AM</b> <b>High Mass</b> Special intention deceased <i>(Faith Ballesteros)</i> <b>12:25 AM</b> <b>(approx.) Vespers</b> <b>5:00 PM</b> <b>Low Mass</b> Intentions of the St. Monica Club <b>St. Monica Club Meeting</b> <b>6-8 PM</b> <b>Parent/Teacher Conference</b>
<b>FRI</b>	<b>3/28/25</b>	<b>ST. JOHN CAPISTRAN, C</b> <i>FAST</i> <i>THE FIVE HOLY WOUNDS</i> <b>8:00 AM</b> <b>Low Mass</b> †Carolyn Fontaine <i>(Marlene R. Corbin)</i> <b>11:00 AM</b> <b>Confessions</b> <b>11:25 AM</b> <b>High Mass</b> Daniel Stanislawski – Happy 40 <sup>th</sup> Birthday <i>(Diane Stanislawski)</i> <b>12:25 AM</b> <b>(approx.) Vespers</b> <b>5:15 PM</b> <b>Confessions &amp; Rosary</b> <b>5:45 PM</b> <b>Low Mass</b> †Kirby Bischel <i>(Brian &amp; Mary Bischel)</i> <b>6:45 PM</b> <b>Lenten Supper</b> <b>7:30 PM</b> <b>St. Francis of Assisi Stations, Sermonette, Sorrowful Mother Novena VIII with Blessing of the Sick, Benediction, Sacred Heart Novena</b> <b>8:30 PM</b> <b>(approx.) Distribution of Holy Communion</b>
<b>SAT</b>	<b>3/29/25</b>	<b>FERIAL DAY</b> <i>FAST</i> <b>7:05 AM</b> <b>Confessions</b> <b>7:30 AM</b> <b>Low Mass, Ave</b> James Rabjohns <i>(KR)</i> <b>8:05 AM</b> <b>(approx.) Sermon</b> <b>8:15 AM</b> <b>(approx.) High Mass</b> †Robert Simpson – 3 <sup>rd</sup> anniversary <i>(Tom &amp; Karen Simpson)</i>
<b>SUN</b>	<b>3/30/25</b>	<b>LENT IV • LAETARE SUNDAY</b> <b>7:05 AM</b> <b>Rosary</b>



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### Free assessments & estimates

Please contact Joseph Simpson at (513) 227-1743  
joseph.charles.simpson@gmail.com

## ¶ PASCHAL SACRAMENTS 2025

- **First Confessions & Testing:** Saturday, April 26<sup>th</sup>. *(Baptismal certificate must be already presented, and registration form completed before the test. Contact the church office for the necessary form.)*
- **Children's Day of Recollection (for Confirmands):** Thursday, June 5<sup>th</sup>
- **Confirmations:** Saturday, June 7<sup>th</sup>
- **First Communion:** Sunday, June 22<sup>nd</sup>

## SERVERS

<b>FRI 3/28</b>	<b>5:45 PM LOW:</b> A. Constantino, P. Caggese
<b>SAT 3/29</b>	<b>7:30 AM LOW:</b> Rabjohns <b>8:15 AM HIGH:</b> D. Simpson, M. Caggese, J. Stewart
<b>SUN 3/30</b>	<b>7:30 AM LOW:</b> M. McConnell, Brueggemann <b>9:00 AM HIGH:</b> MCS: M. Simpson, N. McClorey TH: M. Caggese ACs: D. & J. Hudson TBS: V. Horton, Ma. & P. Caggese, A. Constantino, I. Smith, T. Stanislawski <b>11:30 AM LOW:</b> Capetillos <b>4:45 PM VESPERS &amp; BENEDICTION:</b> D. Simpson, I. Smith, F. Caggese, B. Constantino <b>5:45 PM LOW:</b> Brueggemanns

<b>7:30 AM</b>	<b>Low Mass</b> Patsy McConnell's Intentions <i>(Leo &amp; Mari Schappacher)</i>
<b>9:00 AM</b>	<b>High Mass</b> Marcel Caggese – Happy Birthday <i>(Dad &amp; Mom)</i>
<b>10:40 AM</b>	<b>Catechism Classes</b>
<b>11:15 AM</b>	<b>Short Stations of the Cross</b>
<b>11:30 AM</b>	<b>Low Mass</b> For the intentions of Bishop McGuire <i>(Christopher Browne)</i>
<b>4:45 PM</b>	<b>Vespers &amp; Benediction</b>
<b>5:45 PM</b>	<b>Low Mass</b> For the people of St. Gertrude the Great

## Monday in Lent III

### St. Gabriel, Archangel

**Reflection:** Behold, whilst this humble little Virgin was in her poor cottage, sighing and entreating the Lord, as it was revealed to St. Elizabeth of Hungary, that He would send the world its Redeemer, the archangel Gabriel came, as the bearer, on the part of God, of the great embassy, and saluted her, “Hail, full of grace; the Lord is with thee; blessed art thou among women.” Hail, O Mary, full of grace; for thou art rich in that grace which surpasses the grace given to all men and angels. The Lord is with thee, and always was with thee, assisting thee with His grace. Thou art blessed among all women; for all others fell under the curse of sin; but thou, as the Mother of the Blessed One, wast preserved from every stain, and always wast, and always wilt be, blessed.

– *The Glories of Mary*

**Practice:** Ask Our Lady to intercede for the conversion of a sinner. Dedicate your day to praying (especially the Hail Mary) and sacrificing for that person.

## Tuesday in Lent III

### The Annunciation

**Reflection:** In the meantime the angel waits to know whether she is willing to be the Mother of God. St. Bernard addresses her, saying, “The angel awaits thy reply; and we also, O Lady, on whom the sentence of condemnation weighs so heavily, await the word of mercy.” “Behold, O holy Virgin, the price of our salvation, which will be the Blood of that Son now to be formed in thy womb. This price is offered to thee to pay for our sins, and deliver us from death; we shall be instantly delivered if thou consentest.” “Thy Lord Himself

desires thy consent; for by it He has determined to save the world. He desires it with an ardor equal to the love with which He has loved thy beauty.” “Answer, O sacred Virgin,” says St. Augustine, “why delayest thou the salvation of the world, which depends on thy consent?”

But see, Mary already replies to the angel: “Behold the handmaid of the Lord, be it done to me according to Thy word.” – *The Glories of Mary*

**Practice:** I can imitate Our Lady’s generosity. When there is some duty to be done which I don’t want to do, I will say, “Behold...” and immediately perform my duty.

## Wednesday in Lent III

### Ferial Day

**Reflection:** Jesus Himself revealed this to St. Bridget, for one day He allowed her to hear Him thus addressing His holy Mother: “My Mother, ask of Me what thou wilt.” And thus is her Son constantly addressing Mary in Heaven, taking pleasure in gratifying His beloved Mother in all that she asks. But what does Mary ask? St. Bridget heard her reply: “I ask mercy for sinners.” As if she had said, “My Son, Thou hast made me the Mother of Mercy, the refuge of sinners, the advocate of the miserable; and now Thou tellest me to ask what I desire; what can I ask except mercy for them?” “I ask mercy for the miserable.” “And so, O Mary, thou art so full of mercy,” says St. Bonaventure, with deep feeling, “so attentive in relieving the wretched, that it seems that thou hast no other desire, no other anxiety.” And as amongst the miserable, sinners are the most miserable of all, Venerable Bede declares, “that Mary is always praying to her Son for them.” – *The Glories of Mary*

**Practice:** I will again, as on Monday, dedicate today for the conversion of a sinner.

## Thursday in Lent III

### St. John Damascene

**Reflection:** So many are the reasons that we have for loving this our most loving Queen, that if Mary was praised throughout the world; if in every sermon Mary alone was spoken of; if all men gave their lives for Mary; still all would be little in comparison with the homage and gratitude that we owe her in return for the tender love she bears to men, and even to the most miserable sinners, who preserve the slightest spark of devotion for her. Blessed Raymond Jordano, who, out of humility, called himself the Idiot, used to say, “that Mary knows not how to do otherwise than love those who love her; and that even she does not disdain to serve those who serve her; and in favor of such a one, should he be a sinner, she uses all her power in order to obtain his forgiveness from her Blessed Son.” – *The Glories of Mary*

**Practice:** I am a sinner who needs to be converted, too. “Mary, convert me; draw me unto thee.”

## Friday in Lent III

### St. John Capistran, The Five Holy Wounds

**Reflection:** In the revelations of St. Bridget, Mary is called the “Star preceding the sun;” giving us thereby to understand, that when devotion towards the Divine Mother begins to manifest itself in a soul that is in a state of sin, it is a certain mark that before long God will enrich it with His grace. The glorious St. Bonaventure, in order to revive the confidence of sinners in the protection of Mary, places before them the picture of a tempestuous sea, into which sinners have already fallen from the ship of Divine grace; they are already dashed about on every side by remorse of conscience and by fear of the judgments of God; they

are without light or guide, and are on the point of losing the last breath of hope and falling into despair; then it is that our Lord pointing out Mary to them, who is commonly called the “Star of the Sea,” raises His voice and says “O poor lost sinners, despair not; raise up your eyes, and cast them on this beautiful star; breathe again with confidence, for it will save you from this tempest, and will guide you into the port of salvation.”

– *The Glories of Mary*

**Practice:** Read a chapter from “The Glories of Mary.” Make an act of hope in Our Lady who is, after God, our greatest hope.



## Saturday in Lent III

*Ferial Day, St. Catherine of Genoa*

**Reflection:** Not only is the most Blessed Virgin Queen of heaven and of all Saints, but she is also Queen of hell and of all evil spirits; for she overcame them valiantly by her virtues. From the very beginning God foretold the victory and empire that our Queen would one day obtain over the serpent, when He announced that a woman should come into the world to conquer him: “I will put enmities between thee and the woman—she shall crush thy head.” And who could this

woman, his enemy, be but Mary, who by her fair humility and holy life always conquered him and beat down his strength? – *The Glories of Mary*

**Practice:** The devils look for the weakest part of our soul. That is where they attack. Where am I weakest? Talk to Our Lady about it. She will help you to overcome it.

## Fourth Sunday of Lent

**Reflection:** Reflect that God is our sovereign benefactor, who has bestowed upon us innumerable benefits, both general and particular. He has drawn us out of nothing, and formed us to His own image and likeness, without having any need at all of us: we are continually dependent upon Him for our preservation. He has redeemed us with the price of the Blood of His Son; He has made us Christians in preference to thousands of others whom He has left in the darkness of infidelity; He has borne with us in our sins until the present time; He has given us many and easy means of saving our souls; and still we repay all His mercies with ingratitude. He has created all creatures for our benefit, and the only use which we make of them is to offend Him. – *The Holy Eucharist*

**Prayer:** O God of goodness! Have mercy on me. I greatly desire, and firmly resolve, never to offend Thee more. Ah! why was I born to receive so many benefits from my God, and still to offend Him so often and so grievously as I have done? How could I employ in offending Him the hands, the feet, the tongue, the ears, the heart which He gave me to use in His service? O unhappy eyes! O criminal hands! O unfaithful heart! You, by your sins, have been the cause of the pains, the torments, and the cruel death which the Son of God suffered upon the cross. – *The Holy Eucharist*

## Lent with St. Alphonsus Liguori



## Daily Thoughts and Prayers Lent 2025

### DAILY PRAYER OF ST. ALPHONSUS:

My God, I adore, I love Thee with my whole heart, and I thank Thee for all Thy benefits, especially for having preserved me this night past. I offer Thee all my actions and sufferings of this day, in union with the actions and sufferings of Jesus and Mary; and I make the intention of gaining all the indulgences in my power during the present day. I purpose, O Lord, to avoid offending Thee this day; but be Thou pleased to support me constantly in Thy hands, that I may not betray Thee. O Mary most holy, shelter me under thy mantle! My angel guardian and all my holy patrons, assist me!