

ST. GERTRUDE THE GREAT ROMAN CATHOLIC CHURCH

"Invenies me in corde Gertrudis"

"You will find Me in the heart of Gertrude"

4900 Rialto Road, West Chester, Ohio 45069

TRADITIONAL LATIN MASS: Sundays 7:30 AM,
9:00 AM High, 11:30 AM, 5:45 PM

PARISH OFFICE: (513) 645-4212 (9 AM-3 PM)
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traditionalmass.org

EMERGENCY LINE: (513) 509-0424



Most Rev. Charles J. McGuire, *Pastor*
Rev. Stephen McKenna
Rev. Vili Lehtoranta
Rev. Thomas Simpson
Rev. Anthony Brueggemann



April 6, 2025
PASSION SUNDAY
BL. JULIANA, V

¶ JUDICA SUNDAY

The most solemn period of the Church's year, Paschiontide, begins today. Our monthly second collection, immediately following the first, is for our Oblates. The Blessing of Religious Articles is available after all Masses. Catechism Classes are at 10:40 AM. **Final Short Stations** are at 11:15 AM. Vespers & Benediction are at 4:45 PM.

¶ MOTHERS' MEETING

The Catholic Mothers' Consortium will be meeting on **Thursday** after the 5 PM Mass.

¶ THE SEVEN SORROWS OF OUR LADY

Friday we have the last of our Lenten Evenings of Recollection, with the feast of the Seven Sorrows of the Blessed Virgin. Come to 5:45 PM Mass and supper, or come later for Stations of the Cross and devotions at 7:30. Names may still be submitted for the Sorrowful Mother Novena.

Wedding Banns

Second time:

William Long & Kayla Lynch

First time: Edward Fernandez & Renee Arlinghaus



Lenten Friday

Evening of Recollection

5:45 PM Low Mass

6:45 PM Lenten Supper (*Tuna casserole, broccoli, vegetable soup, salad, fruit salad*)

7:30 PM Stations of the Cross,

Sermonette, Sorrowful Mother Novena, Blessing of the Sick, Benediction, Sacred Heart Novena

8:30 PM (approx.) Holy Communion

¶ EASTER ENVELOPES

Envelopes are available in the **vestibule** for the Easter Novena of Masses and the Lily Memorials. Please fill them out and return them by **Palm Sunday**, April 13.

¶ NEXT SUNDAY: PALM SUNDAY

Palms will be blessed and distributed at **7:15 AM**, and again at the ancient and beautiful ceremony with procession, beginning in church at **8:50**. The beloved tradition of processing with a real, live donkey (or mule!) continues: Parents, bring your children to participate in the procession! Those attending the 7:30 AM Mass are welcome and encouraged to stay awhile, and join in the procession too. Palms will be available at every Mass. Due to the procession, there will be no Sunday Classes. Vespers and Benediction will be at 4:45 PM.

📖 **Set Your Missal:** Palm Sunday, Holy Cross Preface. Reading of the Passion.

¶ HELP WHERE YOU CAN!

The **Holy Thursday potluck luncheon** is coming soon. Please **bring something meatless to share** if you plan to attend.

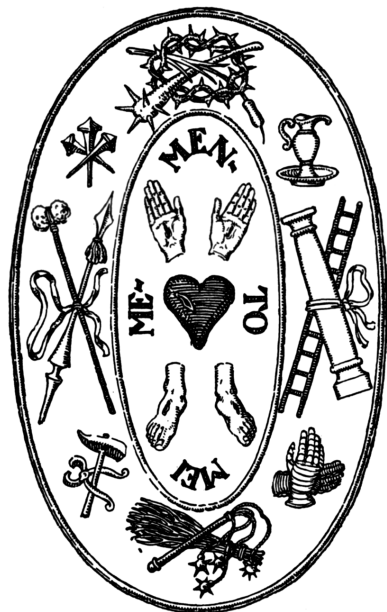
The **Holy Saturday dinner** follows all the ceremonies in church. Easter starts at noon traditionally and a full dinner is provided for the parish. **Please help with cleanup**; we would be most grateful.

CONGRATULATIONS to Joachim & Lisa Zver on the baptism of their son, Malachi Blaise, on Wednesday, April 2.



God does not only accept the great deeds of devout persons, but also the lowest and least, and therefore to serve Him well we must pay great attention alike to great and mighty things, and to those which are small and lowly, since through both alike we may lose or win His love. Be ready, then, to suffer heavy afflictions, if need be martyrdom itself for Christ's sake; determine to give to Him all that is dearest to you when He pleases to take it—father, mother, brother, husband, wife, child, the sight of your eyes, and life itself. But, as meanwhile, Divine Providence does not try you with such severe and heavy afflictions, meekly endure all little evils, trifling inconveniences, and unimportant losses, which happen daily, for by using these little opportunities—this headache, toothache, or fever, the perversity of a husband or wife, the breakage of glass, this slight, the loss of a ring, handkerchief, or glove—all these and similar annoyances (if they be received cheerfully) will please that Divine Goodness which has promised to the faithful an ocean of bliss in return for a cup of cold water; and inasmuch as these opportunities are perpetually occurring, their right use affords an abundant means of laying up spiritual treasures.

— St. Francis de Sales



Tumen Christi

The Sanctuary Lamp will burn before the Blessed Sacrament during the next fortnight for the following intention:

For the needs, spiritual & temporal, of Marguerite G. McGill
(Laurie McGill)

¶ FIRST COMMUNION TESTING

Testing and First Confessions for First Communicants takes place on **Easter Saturday, April 26**. The baptism certificates and registration forms must be submitted before the test, or your child **will not be tested** on the day. Please contact the office as soon as possible to receive the form.



¶ PASCHAL SACRAMENTS 2025

Children's Day of Recollection (for Confirmands): Thursday, June 5th

Confirmations: Vigil of Pentecost, Saturday, June 7th

First Communion: Corpus Christi Sunday, June 22nd

Collection Report

Sunday, March 30th\$6,879.00
Thank you for your generosity. Remember St. Gertrude the Great in your will.

Our Beloved Dead – April

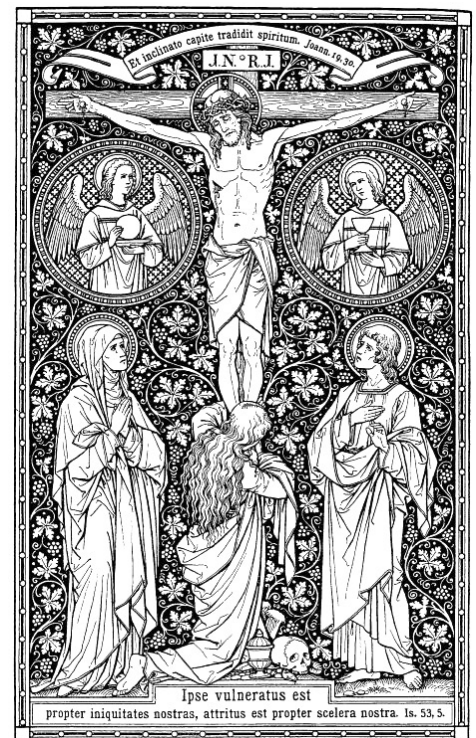
Andrew Courter	4-03-2012
Carole K. Rogers	4-04-1987
Florence Roth	4-04-1988
Mary L. Blase	4-04-2004
Veronica Golembeski	4-08-1996
John M. Reis	4-10-1994
Sue (Maggie) Mincey	4-10-2007
Ellen G. Amyx	4-12-2005
Louis R. Bickett	4-12-2010
Cheryl Maki	4-13-2004
Alberta Courter	4-15-2008
Iole G. Feighery	4-16-2005
Walter C. Elbert	4-19-2001
Helen Tschosik	4-20-2020
Most Rev. Daniel Dolan	4-26-2022

IF SORROW COME

If Sorrow come and knock upon thy door,
Make haste and open to her, though she bring
A summons asking the most precious thing
Of all thy treasures; e'en though nevermore
Life wear the roseate splendor once it wore;
Though loves be cleft in twain; yea, though she fling
Black dark about thee all the day, or sting
Thy heart like scorpions to the very core.

Christ's feet were bathed by Sorrow at the feast;
Sorrow received His blessed features on
The dolorous way; she followed Him beside
The moonlit sea; beloved of men the least,
He loved her best, set her apart as one
Worthy to walk beside Him till He died.

— P.J. Carroll, C.S.C.



It is Passion Week. The statues are covered in violet since we are meant to meditate on Our Lord's sufferings at this time. May it be a source of very efficacious graces for you.



A big thank you to **Fr. McKenna, Fr. Lehtoranta** and the other Fathers for taking care of things here at SGG while I was away. You probably know by now that **Bishops Sanborn, Selway, Fliess, Nkamuke**, and I met in Brooksville, Florida. Our meeting was a productive one and we left on very good terms. This is certainly the fruit of your prayers! We know that many, many of you have been wanting this to happen and have been praying fervently for it to take place. It goes to show that we just have to pray, and things will happen at the precise time that God has decided upon.

The biggest lesson in all this is that we can try to make things happen on our own, and we can think that they should happen at the time we have chosen and striven for. In the end, God is a good Father who has ordained all things sweetly. If we say our prayers, let God work, and stay out of His way, then things will fall into place if it is God's Will. We just have to keep ourselves ready.

May you stay in the shadow of Our Lord's Cross this week and remain close to Our Lady of Sorrows. There you will find everything you need.

– Bishop McGuire



HOLY WEEK CONFESSION SCHEDULE
 Good Friday 3:00 to 4:00 PM
 Holy Saturday 4:00 to 5:00 PM

** **Men scheduled for the Maundy:** Albert D. Kinnett, John Seyfried, Joseph Bayer, Levi Giese, Timothy Giese, Joe Capetillo, Ben Capetillo, Tim Capetillo, Mike Hagle, Daniel Stanislowski, Dominic Caggese, Dominic Swinney, Brendan Lotarski.

If you cannot participate, PLEASE contact the church office immediately to let us know! Otherwise, please plan to report to the Sacristy no later than 12:45 PM on Holy Thursday, April 17.
 Thank you, Bishop McGuire

PALM SUNDAY: APRIL 13

- 7:15 AM Blessing and distribution of Palms, Low Mass
- 8:50 AM Blessing of Palms, Procession, High Mass

The beautiful Procession and High Mass of Palm Sunday is magnificent, and well worth the extra time. Bring the children! They have the privilege of walking together and leading the Procession.

N.B. The Procession commences about 9:30 AM, proceeding through the cloister and around the grounds, finishing with a brief but ancient ceremony at the church doors before re-entering the church. Please do not start your engine or drive your car in the parking lot during this time. Thank you for your cooperation.

- 11:30 AM Low Mass
- 4:45 PM Vespers and Benediction
- 5:45 PM Low Mass



SPY WEDNESDAY: APRIL 16 DAY OF FAST

- 6:30 PM The Office of Tenebrae
- 8:30 PM Church decorating for Holy Thursday

MAUNDY (HOLY) THURSDAY: APRIL 17 DAY OF FAST

- 9:00 AM Pontifical High Mass, Blessing of Holy Oils, Procession to the Altar of Repose, Vespers, Stripping of the Altar

This is the Mass to attend! The birthday of the Blessed Sacrament and the Mass. Please bring your little children to walk in the procession after Mass. A Potluck Luncheon follows Mass.

Adoration continues at the Sepulchre until noon on Friday.

- 1:00 PM The Maundy (Washing of the Feet) **
- 6:30 PM The Office of Tenebrae
- All Night Adoration continues*

GOOD FRIDAY: APRIL 18 FAST & ABSTINENCE

Adoration at the Sepulchre continues till 12:00 noon

- 11:25 AM Stations of the Cross
- 12:00 PM Tre Ore
- 12:15 PM Mass of the Presanctified, Adoration of the Cross
- 2:15 PM Tre Ore Devotions and Sermon
- 3:00 PM Blessing with the Relic of the True Cross, Vespers
- 3:00 PM Confessions
- 6:25 PM Perpetual Novena to the Sacred Heart
- 6:30 PM The Office of Tenebrae
- 8:30 PM Church decorating for Holy Saturday

Come when you can; leave when you must.

HOLY SATURDAY: APRIL 19 FAST & ABSTINENCE ENDS AT NOON

- 8:00 AM EASTER VIGIL: Blessing of the Fire, Prophecies, Blessing of the Font, Holy Baptism, First Mass of Easter, Vespers, Blessing of Easter Food

A complimentary Easter Luncheon follows – all are invited. An Easter Egg Hunt will be held for the children.

- 4:00 PM Confessions

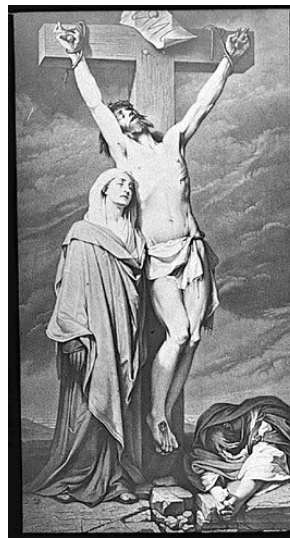
EASTER SUNDAY: APRIL 20

- 5:45 AM Solemn Matins and Lauds
- 7:30 AM Easter Sunrise Low Mass
- 9:00 AM Solemn High Mass
- 11:30 AM Low Mass with Benediction
- 6:00 PM Vespers
- (No 5:45 PM Mass on Easter Sunday)*



✠ CALENDAR

MON	4/7/25	FERIAL DAY <i>FAST</i>
	8:00 AM	Low Mass †Judy Fradl – Rest in peace (<i>Jim Soli</i>)
	11:25 AM	High Mass †Shirley Reagan – 9 th Anniversary (<i>Michelle Mikesell</i>)
	12:25 AM	(approx.) Vespers
TUE	4/8/25	FERIAL DAY <i>FAST</i>
	8:00 AM	Low Mass Tom Simpson (<i>Christopher Browne</i>)
	11:25 AM	High Mass My Children, Grandchildren & Godchildren (<i>AMB</i>)
	12:25 AM	(approx.) Vespers
	5:00 PM	Low Mass †Kirby Bischel (<i>Andy & Wendy Hable</i>)
WED	4/9/25	FERIAL DAY <i>FAST</i>
	8:00 AM	Low Mass For the repose of the soul of †Frank Kiernan (<i>Phyllis Kiernan</i>)
	11:25 AM	High Mass †Kirby Bischel (<i>Virginia Johnson</i>)
	12:25 AM	(approx.) Vespers
	3:00 PM	Children's Stations, Holy Communion
	5:10 PM	Low Mass †Michael A. Smith (<i>Mr. & Mrs. Joseph M. Prell</i>)
THU	4/10/25	FERIAL DAY <i>FAST</i>
	8:00 AM	Low Mass †Nancy Seyfried (<i>Mr. & Mrs. Mark Lotarski</i>)
	11:25 AM	High Mass Constantino Family (<i>Horton Family</i>)
	12:25 AM	(approx.) Vespers
	5:00 PM	Low Mass Catholic Mothers Consortium Intentions Catholic Mothers Consortium
FRI	4/11/25	THE SEVEN SORROWS • ST. LEO I, PCD
	8:00 AM	Low Mass Karen Simpson (<i>Christopher Browne</i>)
	11:00 AM	Confessions
	11:25 AM	High Mass †Sharon Patton (<i>The Stafford family</i>)
	12:25 AM	(approx.) Vespers
	5:15 PM	Confessions & Rosary
	5:45 PM	Low Mass †Kirby Bischel (<i>Smith Family</i>)
	6:45 PM	Lenten Supper
	7:30 PM	Stations of the Cross, Sermonette, Closing of the Sorrowful Mother Novena, Benediction, Sacred Heart Novena
	8:30 PM	(approx.) Distribution of Holy Communion
SAT	4/12/25	FERIAL DAY <i>FAST</i>
	7:05 AM	Confessions
	7:30 AM	Low Mass Brendan (<i>KR</i>)
	8:05 AM	Ave, Sermon
	8:15 AM	(approx.) High Mass †Fr. Thielen (<i>Levi Giese family</i>)
SUN	4/13/25	PALM SUNDAY • ST. HERMENEGILD, M
	7:15 AM	Blessing of Palms
	7:30 AM	Low Mass †Nancy Seyfried – Rest in peace (<i>Dave & MaryAnn Marko</i>)
	8:50 AM	Blessing of Palms, Procession, Solemn High Mass Hudson Family (<i>Smith Family</i>)
	11:30 AM	Low Mass Happy Birthday Elaine & Francis (<i>Diane Puglielli</i>)
	4:45 PM	Vespers, Benediction
	5:45 PM	Low Mass For the people of St. Gertrude the Great



Perfect contrition becomes easy by meditating on a Crucifix: WHO is suffering? WHAT is He suffering? WHY? To feel sorry is not necessary. It is sufficient if the will turns from sin to the love of God. Perfect contrition washes away even mortal sin, but in such a case it is necessary to go to Confession before Holy Communion. Hence, there is no reason for ever remaining in sin, a condition which leads to habits of sinning. Teach the Act of Perfect Contrition to non-Catholics, especially to one in danger of death. Get in the habit of making it yourself. It can save your soul at death if no priest is near for the last Sacraments:

O my God, I am heartily sorry and beg pardon for all my sins, not so much because these sins bring suffering and Hell to me, but because they have crucified my loving Savior Jesus Christ and offended Thy infinite Goodness. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance and to amend my life. Amen.

Servers

FRI 4/11	5:45 PM LOW: Capetillos
SAT 4/12	7:30 AM LOW: Brueggemanns 8:20 AM HIGH: D. Simpson, B. Constantino, F. Caggese
SUN 4/13	7:30 AM LOW: M. McConnell, Brueggemann 9:00 AM HIGH: SEE SACRISTY 11:30 AM LOW: Capetillos 4:45 PM VESPERS & BENEDICTION: D. Simpson, I. Smith, F. & P. Caggese 5:45 PM LOW: P. McClorey

SERVERS: For the Palm Sunday and Holy Week schedules, please consult the list posted in the Servers' Sacristy. If you are unable to serve for any of the times for which you are scheduled, and you have not found a suitable substitute, you **MUST** contact Bishop McGuire or Michael Simpson far enough in advance so they are able to find a replacement.

Ashes

PALM SUNDAY 4/13
7:30 AM (PLEASE BE HERE BY 7:00 AM): Scott Pepiot, Paul McConnell, Alexander McConnell, John Brueggemann
8:50 AM (PLEASE BE HERE BY 8:30 AM): Paul Arlinghaus, Conrad Arlinghaus, Philip Brueggemann, Vincent Brueggemann, Mark Lotarski
11:30 AM (PLEASE BE HERE BY 11:15 AM): Bob Uhlenbrock, Paul Puglielli
5:45 PM: Volunteer

EASTER SUNDAY 4/20
7:30 AM: Scott Pepiot, Paul McConnell, Alexander McConnell, John Brueggemann
9:00 AM: Paul Arlinghaus, Conrad Arlinghaus, Philip Brueggemann, Vincent Brueggemann, Mark Lotarski
11:30 AM: Bob Uhlenbrock, Paul Puglielli

Monday in Passion Week

Reflection: Jesus, knowing that the hour of His Passion had now come, after having washed the feet of His disciples and instituted the most Holy Sacrament of the Altar—wherein He left us His whole self—goes to the Garden of Gethsemane, whither He already knew that His enemies would come to take Him. He there betakes Himself to prayer, and lo! He finds Himself assailed by a great dread, by a great repugnance, and by a great sadness: *He began to be afraid, to be weary, and sorrowful.* There came upon Him, first, a great dread of the bitter death which He would have to suffer on Calvary, and of all the anguish and desolations by which it would be accompanied. During the actual course of His Passion, the scourges, the thorns, the nails, and the rest of His tortures came upon Him but one at a time; whereas, in the Garden, they all came upon Him together at once, crowding into His memory in order to torment Him. For His love of us He embraced them all, but in embracing them, He trembles and is in agony: *Being in an agony, He prayed the longer.*

— *The Road to Calvary*

Prayer: Oh my Jesus, it is not the executioners, the scourges, the thorns, or the cross that have been so cruel, the cruelty lies in my sins, which afflicted You so much in the garden. Give me, then, a share of that sorrow and abhorrence which You experienced in the garden that so, even to my death, I may bitterly weep for the offenses that I have given You.

Tuesday in Passion Week

Reflection: There comes upon Him, moreover, a great repugnance to that which He has to suffer, so that He prays His Father to deliver Him from it: *My Father, if it be possible, let this chalice pass away from Me.* He prayed thus to teach us that in our tribulations we may indeed beg of God to deliver us from them, but we ought at the same time to refer ourselves to His will and to say, as Jesus then said, *Not,*

however, as I will, but as You will. Yes, my Jesus, Your will, not mine, be done. I embrace all the crosses that You will send me. You, innocent as You are, have suffered so much for love of me; it is but just that I, who am a sinner, and deserving of hell, should suffer for love of You that which You ordain.

— *The Road to Calvary*

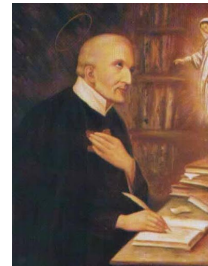
Prayer: O most lovely God! Because You love us, You desire that we should desire You: “God thirsts to be Thirsted for,” as St. Gregory teaches us. Ah, my Lord, You thirst for me, a most vile worm as I am. And shall I not thirst for You, my infinite God? ...You have promised to grant us whatever we seek from You: *Ask and you shall receive.* I ask of You but this one gift—the gift of loving You.

Wednesday in Passion Week

Reflection: There came upon Him, likewise, a sadness so great that it would have been enough to cause Him to die, had He not, of Himself, kept death away, in order to die for us after having suffered more: *My soul is sorrowful even unto death.* This great sadness was occasioned by the sight of the future ungratefulness of men, who, instead of corresponding to so great a love on His part, would offend Him by so many sins, the sight of which caused Him to sweat in streams of blood: *And His sweat became as drops of blood trickling down upon the ground.*

— *The Road to Calvary*

Prayer: O my Jesus, save me; do not permit me, after being redeemed by You with so much pain and so much love, to lose my soul and go to hell, there to hate and curse the very love which You have borne me... I wish to love You: I wish henceforth to love You with my whole heart and without reserve. Give me strength to make this wish effective. O Mary, Mother of God, assist me by your prayers.



Thursday in Passion Week

Reflection: Who can ever give us so much consolation in this valley of tears as Jesus crucified? What can sweeten the punctures of remorse, arising from the remembrance of our past sins, better than the consideration that Jesus Christ has voluntarily suffered death in order to atone for our sins? *He, says the Apostle, gave Himself for our sins.*

In all the persecutions, calumnies, insults, spoliations of property and honors which happen to us in this life, who is better able to give us strength to bear them with patience and resignation than Jesus Christ, who was despised, calumniated, and poor, who died on a cross, naked, and abandoned by all?

— *The Road to Calvary*

Prayer: Ah, my Jesus, if You, my Savior, had not died for me, what hope could I, who have so often turned my back upon You and so often deserved hell, entertain of going to behold Your beautiful countenance in the land of bliss? ...It is Your Passion, then, that makes me hope, in spite of my sins, that I too will one day reach the society of the saints and of Your holy Mother, to sing Your mercies, and to thank and love You forever in Paradise.

Friday in Passion Week

The Seven Sorrows of the Blessed Virgin

Reflection: What more consoling in infirmities than the sight of Jesus crucified? In our sickness we find ourselves on a comfortable bed, but when Jesus was sick on the cross on which He died, He had no other bed than a hard tree, to which He was fastened by three nails, no other pillow on which to rest His head than the crown of thorns, which continued to torment Him till He expired.

In our sickness, we have around our bed friends and relatives to sympathize with us and to divert us. Jesus died in the midst of enemies, who insulted and mocked Him as a malefactor and seducer, even when

He was in the very agony of death. Certainly, there is nothing so well calculated as the life of Jesus crucified to console a sick man in his sufferings, particularly if he finds himself abandoned by others. Ah, to unite, in his infirmity, his own pains to the pains of Jesus Christ is the greatest comfort that a poor sick man can enjoy. – *The Road to Calvary*

Prayer: O my beloved Redeemer! You accept the death that was my due. Blessed for evermore be Your mercy: I return You my most hearty thanks for it. But since You who are innocent accept the death of the cross for me, I, who am a sinner, accept that death which You destine to be mine, together with all the pains that shall accompany it, and from this time forth I unite it to Your death and offer it up to Your Eternal Father.

Saturday in Passion Week

Reflection: *My sorrow is continually before Me.* St. Thomas teaches that the sight of the sins of men, and of the multitude of souls that would bring themselves to perdition, excited in Jesus Christ a sorrow which surpassed the sorrow of all penitents, even of those who died of pure grief. The holy martyrs have suffered great torments; they have borne to be tortured with iron hooks, and nails, and red-hot plates, but God always sweetened their pains by interior consolations. But no martyrdom has been more painful than that of Jesus Christ; for His pain and sadness were pure, unmitigated pain and sorrow, without the smallest comfort. “The greatness of Christ’s suffering,” says the Angelic Doctor, “is estimated from the pureness of His pain and sadness.”

Such was the life of our Redeemer, and such His death, all full of desolation. Dying on the cross bereft of all comfort, He sought someone to console Him, but He found none. *I looked for one...that would comfort Me, and I found none.*

...Thus our Savior terminated His life, dying, as David had foretold, immersed in a tempest of ig-

nomies and sorrows: *I am come into the depth of the sea, and a tempest has overwhelmed Me.*

– *The Road to Calvary*

Prayer: When we are in desolation, let us console ourselves by the desolate death of Jesus Christ: let us offer Him our desolation in union with that which He, an innocent God, suffered on Calvary for the love of us.

Palm Sunday



Reflection: On drawing nigh to that ungrateful city, He beheld it and wept: *Beholding the city, He wept over it.* He wept because He foresaw its ruin, which would be the consequence of the stupendous crime of taking away the life of the Son of God, of which that people would shortly become guilty.

...Jesus Christ enters the city: the people go forth to meet Him; they receive Him with acclamations and rejoicings, and in order to do Him honor, some of them strew branches of palms along the road, while others spread out their garments for Him to pass over. Oh, who would ever then have said that that Lord, now recognized as the Messiah, and welcomed with so many demonstrations of respect, the next time that He appeared along the self-same ways would be under sentence of death, and with a cross upon His shoulders? – *The Road to Calvary*

Prayer: Ah, my beloved Jesus, these people now receive You with acclamations, saying, *Hosanna to the son of David! Blessed is He that comes in the Name of the Lord! Glory to the Son of David! Blessed be He who comes in the Name of God for our salvation!* And then they will raise their voices insultingly to Pilate to take You out of the world, and cause You to die upon the cross: *Away with Him! Away with Him! Crucify Him!* Go, my soul, and lovingly say to Him, blessed is He that comes in the Name of the Lord! Blessed forever be You that are come, O Savior of the world, for, otherwise, we had all been lost. Oh my Savior, save me!

Lent with St. Alphonsus Liguori



Daily Thoughts and Prayers Lent 2025

DAILY PRAYER OF ST. ALPHONSUS:

My God, I adore, I love Thee with my whole heart, and I thank Thee for all Thy benefits, especially for having preserved me this night past. I offer Thee all my actions and sufferings of this day, in union with the actions and sufferings of Jesus and Mary; and I make the intention of gaining all the indulgences in my power during the present day. I purpose, O Lord, to avoid offending Thee this day; but be Thou pleased to support me constantly in Thy hands, that I may not betray Thee. O Mary most holy, shelter me under thy mantle! My angel guardian and all my holy patrons, assist me!